

## Staff

### Harri Hyyppä,

Is a Training Analyst (The Finnish Society of Group Psychotherapy); Organisational Consultant AOC (Advanced Organisation Consultant Society, Tavistock Institute), Organisational Analyst (The Metanoia Institute, Finland). He has many years experience offering a broad range of psychodynamic trainings in organisation development consultancy, as well as practicing as a group psychoanalytic psychotherapist.

### Jude Bowles, B.Sc., M.A., Dip. IGA (Lon),

is in private practice as a Group Analyst, Group Relations Consultant, Psychotherapist and Lecturer. She is a Director of GAP, a member of Irish Group Analytic Society (IGAS) and IGRO. She has trained with the Tavistock Institute and London-based OPUS (Organisation for the Promotion of the Understanding of Society).

### Yvonne Nolan M.Sc., Dip IGA (Lon)

Is a Director at GAP, a practicing Group Analyst, Psychotherapist and Organisation Consultant. She is a member of the Irish Group Analytic Society (IGAS), Irish Council for Psychotherapy (ICP) and a Fellow of the CIPD (Chartered Institute of Personnel & Development)

for further information and booking  
visit our website:

[www.groupanalyticpractice.ie](http://www.groupanalyticpractice.ie)

complete the application form  
and send to:  
Jude Bowles

Workshop Administrator

at

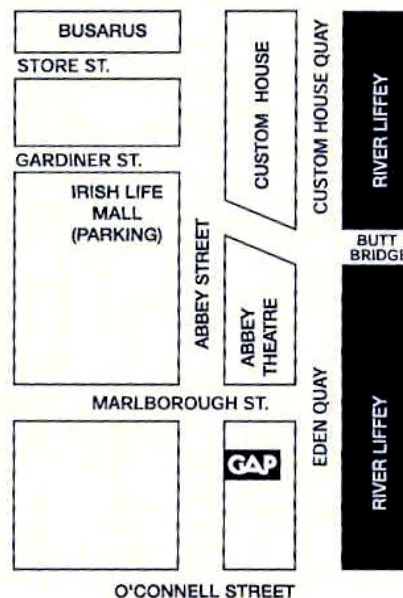
[info@groupanalyticpractice.ie](mailto:info@groupanalyticpractice.ie)

or

Group Analytic Practice

Global House

29 Lower Abbey Street, Dublin 1



## GAP

## Continuing Professional Development

Presents a three-day

### Social Dreaming Matrix

Dreams as reflections of multiple  
realities and meaningful connections

Led by: Harri Hyyppä

#### Suitable for:

- Leaders or Managers who are interested in transformative ways of working
- Social Change Innovators
- Organisation Development Consultants
- Community Development Leaders
- Psychotherapists, Analysts and Counsellors

Friday 13th, Saturday 14th & Sunday 15th  
June 2014

for further information and booking visit:

[www.groupanalyticpractice.ie](http://www.groupanalyticpractice.ie)

## Continuing Professional Development Programme

### - Social Dreaming -

Dreaming has, since the time of Freud and Jung and probably since mankind was on earth, been recognised as being a significant route to personal insight. The concept of Social Dreaming holds that, through sharing our dreams with others, we can discover deeper meanings and insights into human experience.

Social Dreaming is a relatively recent concept in organisational work but the literature available is an indication of its ever increasing influence and contribution to change. Social Dreaming is increasingly applied to work and social contexts as a transformational process contributing to change and development.

The theoretical background of the workshop is based on integration of psychodynamics and new developments of modern systems theory. Like all GAP learning events this workshop will be experiential in its learning methodology. Participants will be invited to bring dreams and make them available for the group to associate to their social content and meaning. Reflection in small groups will offer opportunities to develop insight and understanding into current social realities.

## Continuing Professional Development Programme

### - Social Dreaming -

### Timetable

Friday 13<sup>th</sup> June

1.30	Registration
2.00	Introduction Dialogue: Insight as a human experience
3.00	Social Dreaming Matrix
4.30	Break
5.00	Small Reflection Group
6.00-6.30	Plenary

Saturday 14<sup>th</sup> June

10.00	Social Dreaming Matrix
11.30	Small Reflection Group
12:30	Lunch
1.30	Dialogue: multiple realities
2.30	Social Dreaming Matrix
4.00	Break
4.30	Small Reflection Group
5.30-6.00	Plenary

Sunday 15<sup>th</sup> June

10.00	Social Dreaming Matrix
11.30	Small Reflection & Application Group
1.00	Break
1.30-2.00	Dialogue: social dreaming
2.00-2.30	Closing Plenary

## Continuing Professional Development Programme

### - Social Dreaming -

### Workshop Details

- **3 Dialogues:** *the approach, method and philosophy of social dreaming*
- **4 Social Dreaming Matrix Groups:** *creating the social dreaming matrix in the large group by sharing and associating to dreams brought by participants.*
- **3 Small Reflection Groups:** *dream reflection dialogue in small groups, exploring meanings and insights from the large group matrix.*
- **1 Reflection and Application Group:** *applying learning to our workplace experience.*
- **3 Plenary Groups:** *identifying and sharing learning from the workshop.*

*The workshop is non-residential.*

*Teas, coffee, biscuits and fruit will be provided at the breaks.*

*The fee for the workshop is €300 payable in advance or in 4 monthly installments.*

*A limited number of bursaries are available.*

*Participants are required to attend the full programme.*

**CPD Certificate will be issued.**